

Sport (Outdoor Pursuits)

(Edexcel BTEC Extended Certificate – Level 2) 500/7658/9

What will I learn?

This course will help you to learn:

- About Fitness testing and training.
- About Outdoor and Adventurous Activities. Within this unit you will be have the opportunity to develop your skills in a wide range of different activities.
- About Anatomy and Physiology for Sport.
- About leading Outdoor and Adventurous Activities. You will learn how to plan, deliver and then review a number of sessions that you will lead.
- About the different types of career options open to you in the Outdoor Pursuits sector and how you can prepare for them.

How will I learn?

You will be taught by an experienced teacher with expertise in Outdoor Pursuits. The course is a mix of classroom and practical tasks. You will get a chance to prepare and practise your skills before you are assessed so that you know and understand what you will have to do.

How will I be assessed?

You will produce coursework and assignments which are assessed mainly by your course tutor with some external assessment. There are no exams to sit on this course.

What happens after this course?

After Year 11, you could go on to complete the BTEC First Diploma at Level 2 or move on to a BTEC National Diploma at Level 3. You could also do an NVQ or Modern Apprenticeship at Level 2 or 3 in a related sector. After all this, you will be well prepared for work in a suitable role under supervision.

Job Ideas

- Public and private outdoor education/activity centres.
- adventure parks / field study centres.
- Armed forces / emergency services.
- National and countryside parks and leisure centres.

Remember!

This course will be taught at Ysgol Eifionydd.

**For more information contact:
Mr. Gwyn Owen**

